

# 8<sup>th</sup> Oxford – Thessaloniki Diabetes Forum

Daios Hotel, Thessaloniki, Greece

11<sup>th</sup> – 13<sup>th</sup> May 2016

## Programme

### Wednesday, 11<sup>th</sup> May 2016

09:00 – 09:30: Registration & welcome	
09:30 – 10:00: What is evidence-based medicine / practice?	A. Tsapas
10:00 – 10:20: Asking well formulated questions – PICO	N. Papanas
10:20 – 10:45: Searching basics – Finding the evidence	N. Papanas
10:45 – 11:15: Coffee / Tea	
11:15 – 12:00: Rapid critical appraisal	D. Goulis
12:00 – 12:30: Study design	E. Ntzani
12:30 – 13:30: Trials, trials, trials	Game
13:30 – 14:30: Lunch break	
14:30 – 15:15: Systematic reviews – Metaanalysis – Cochrane	M. Trivella
15:15 – 16:00: Taking action – Applying the evidence	E. Ntzani
16:00 – 16:30: Coffee / Tea	
16:30 – 18:30: Crash course: 4 in 1	Workshop
	D. Goulis, E. Ntzani, M. Trivella, A. Tsapas

### Thursday, 12<sup>th</sup> May 2016

08:45 – 10:00: Numbers, numbers, numbers	D. Matthews
10:00 – 10:45: Stats in small doses	J. Levy
10:45 – 11: 15: Coffee / Tea	
11:15 – 11:45: Hypothesis formulation & project design	D. Matthews

#### **Research project (in silico) - Workshop**

11:45 – 12:00: Introduction to Workshop and Experimental Scenarios	A. Clark, J. Levy
12:00 – 13:30: Data analysis	A. Clark, J. Levy, D. Matthews
13:30 – 14:30: Lunch break	
14:30 – 16:00: Preparation of abstract & slides	A. Clark, J. Levy, D. Matthews
16:00 – 18:00: Presentations	A. Clark, J. Levy, D. Matthews

## Friday, 13<sup>th</sup> May 2016

08:45 – 09:45: Using the literature	A. Clark
09:45 – 10:30: Hypoglycaemia in type 2 diabetes – in life and in trials	J. Levy
10:30 – 11:00: Coffee / Tea	
11:00 – 11:30: Implementing patient preferences and patient important outcomes in diabetes care	A. Tsapas
11:30 – 12:00: Preventing diabetes - social science, sense, statistics or stasis?	D. Matthews

## Faculty

- Anne Clark – Reader in Diabetic Medicine, Oxford Centre for Diabetes Endocrinology and Metabolism, Oxford UK
- Dimitrios Goulis – Associate Professor, Aristotle University Thessaloniki, Greece
- Jonathan Levy – Oxford Centre for Diabetes Endocrinology and Metabolism, Oxford UK
- David R Matthews – Professor in Diabetic Medicine, Harris Manchester College at University of Oxford, UK
- Eyaggelia Ntzani – Associate Professor, University of Ioannina, Greece
- Nikolaos Papanas – Associate Professor, Democritus University of Thrace, Greece
- Marialena Trivella - Lecturer in Systematic Reviews, UK Cochrane Centre, University of Oxford, UK
- Apostolos Tsapas – Associate Professor, Aristotle University Thessaloniki, Greece

Organized by the Medical School at Aristotle University Thessaloniki, and Harris Manchester College at University of Oxford. Under the auspices of the Hellenic Diabetes Association (EΔE).